

**Emerald Coast Swimming
Fort Walton Beach, Florida**

Individual Records Report for LONGCO-L

Emerald Coast Swimming [ECS-SE] Coach: Len Strom

Women 9-10 100 Free

1:13.16	Emma R. Strom at 2008 SE PCST LC Open	4/25/2008	ECS
1:11.85 **	Suzanna M. Sober at SE 2008 CM SA LC Invite	5/10/2008	ECS -SE
1:11.93	Emma R. Rudman at SE 2008 CMSA LC Invite	5/10/2008	ECS -SE

Women 9-10 400 Free

5:28.13	Emma R. Strom at 2008 SE PCST LC Open	4/25/2008	ECS
5:25.70 **	Emma R. Strom at SE 2008 CMSA LC Invite	5/10/2008	ECS -SE

Women 9-10 50 Back

39.57	Emma R. Strom at 2007 AAU Junior Olympic Games	7/31/2007	ECS
37.99 **	Emma R. Strom at SE 2008 CMSA LC Invite	5/10/2008	ECS -SE

Women 9-10 100 Back

1:23.45	Emma R. Strom at 2008 SE PCST LC Open	4/25/2008	ECS
1:21.39 **	Emma R. Strom at SE 2008 CMSA LC Invite	5/10/2008	ECS -SE

Women 9-10 50 Breast

45.53	Shelby N. Baumgartner at SES District South Long Course Championships	7/20/2002	PLAY
43.94 **	Emma R. Strom at SE 2008 CMSA LC Invite	5/10/2008	ECS -SE

Women 11-12 50 Breast

40.61	Olivia M. Strom at 2007 AAU Junior Olympic Games	7/31/2007	ECS
39.96 **	Amelia J. Strom at SE 2008 CMS A LC Invite	5/10/2008	ECS -SE

Men 8 & Under 50 Fly

45.00	CAMERON LIPPERT	5/1/1991	
44.38 **	Jeffrey M. Sober at SE 2008 CM SA LC Invite	5/10/2008	ECS -SE

Men 9-10 50 Breast

45.30	Justin C. Lewis at 2008 SE PCST LC Open	4/25/2008	ECS
43.92 **	Justin C. Lewis at SE 2008 CMS A LC Invite	5/10/2008	ECS -SE

Men 15 & Over 400 Free

4:31.67	Alex R. Strom at 2008 SE PCST LC Open	4/25/2008	ECS
4:29.16 **	Alex R. Strom at SE 2008 CMSA LC Invite	5/10/2008	ECS -SE